



# THE LIONS ROAR

MINERAL LAKE LIONS CLUB NEWSLETTER

VOL 2 | ISSUE 3

SEPTEMBER 2025

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Photos from August: our new (to us) play structure, Lion Tom, the Mineral Food Bank project & backpacks with school supplies raffled at our End of Summer event.

## MENTAL HEATH & WELL-BEING

**Together for Mental Health – Together We Serve.**

Next month, October, is **Mental Health Awareness Month**, a global moment to shine a light on mental well-being—and this year, it's a key focus for Lions worldwide.

**International President A. P. Singh**, a Lion from Kolkata, India, who has served with Lions since 1984, leads this effort. His decades of leadership include roles as district governor, council chairperson, and efforts such as chairing India's National SightFirst Committee and coordinating Campaign SightFirst II—programs aimed at fighting preventable blindness globally. President Singh believes that “true leadership is about serving others,” and his vision for Lions International centers on expanding service, embracing innovation, and fostering inclusive communities

### Mental Health & Well-Being – October 4-12

October is Mental Health Awareness Month, and Lions around the world will take part in a Global Service Week focused on mental well-being. Have ideas for how our club can participate? Email [info@minerallakelions.com](mailto:info@minerallakelions.com) or share at the September meeting!



**MENTAL HEALTH & WELL-BEING WEEK**  
**OCTOBER 4-12, 2025**  
 An initiative by  
 International President  
 A.P. Singh



From **October 4–12, 2025**, clubs across the globe will unite for a **Mental Health & Well-Being Global Service Week**—a perfect opportunity for our

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## UPCOMING OPPORTUNITIES TO SERVE:

### Tuesdays & Thursdays – Community Coffee (9–11 AM):

A simple but meaningful way to connect with neighbors and make the Lions visible and welcoming.

### Wednesday, September 3 - Board Meeting:

We'll review projects, approve expenditures, and plan upcoming events. Officers and chairs, bring brief reports and motions.

### Wednesday, September 10 – Dinner Meeting

Help with food, setup, or bring a side dish as we gather for good food and great planning.

### Saturday, September 13 – Fireside Melodies:

we'd love help with set up, hospitality, and greeting.

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2025-2026  
Mineral Lake Lions Club  
Officers & Directors

- **President:** *Stevan Mayer*
- **VP:** *Michael Gordon*
- **Secretary:** *Starla Mayer*
- **Treasurer:** *Dick Hopkins*
- **Lion Tamer:** *Dick Suter*
- **Tail Twister:** *Stan Chandler*
- **Director:** *Tom Searl*
- **Director:** *Stan Bartle*
- **Director:** *Shawn Seeger*
- **Past President:** *Tina Moore*

Board meetings are held the first Wednesday of every month, with member dinner meetings on the second Wednesday.

Committee & Chairs

**Campground / Events**

- Tina Moore

**Community Service / Events**

- Open

**Environment**

- Dick & Paula Hopkins

**Marketing/Communication**

- Starla Mayer

**Membership**

- Tom Searl

**Sunshine / Hospitality**

- Linda Gordon & Rose Suter

**Youth / Fishing**

- Stan Bartle & Shawn Seeger

Located in Mineral, Washington, the Mineral Lake Lions Club & Foundation is a dedicated 501(c)(3) organization that has been a cornerstone of community service since its charter in 1952. Over seven decades, we've been committed to making a positive impact in our area.

*Lions Clubs International, founded in 1917, is the world's largest and most active community service organization, with 1.45 million members across 46,000 clubs in 210 countries.*



Made possible in part by Lewis County Lodging Tax Funds

# KING LION'S CORNER

BY STEVE, CLUB PRESIDENT

Dear Lions,

Fall is almost here, and with it comes a fresh wave of energy and opportunity for service. I continue to be inspired by what this club and community are accomplishing—especially the progress on the **Mineral Daily Bread Food Bank expansion**. It's powerful to see that structure taking shape, knowing how many families it will help. Thank you to every volunteer, donor, and partner who's helped bring it to life. We're building something that will last.

This month (& next), I want to encourage you to take advantage of several big Lions opportunities:

First, we've got **Multi-Zone Lions Training** on **Saturday, September 13** in **Vancouver, WA**. Whether you're an officer or just curious to learn more, this free training (with lunch!) is a great way to grow your skills and connect. Details are in the newsletter—register by September 8.

Second, our **Zone Meeting** is coming up **Thursday, September 18** in **Eatonville**, hosted by the Eatonville Lions Club. This is a great chance to meet other Lions in our zone, share ideas, and build momentum for the year ahead. **Dinner is \$15**, and I encourage all of you to join us if you can - **don't forget to RSVP witg ZC Shannon**.

We're also calling for volunteers for a "**Serve with Sight**" **Vision Screening** at **Morton Elementary School** on **Thursday, October 23** from **9 AM-12 PM**. It's a meaningful way to support one of our global causes—**vision**—right here in our backyard. No experience needed. If you'd like to help, sign up at [info@MineralLakeLions.com](mailto:info@MineralLakeLions.com) or talk to me.

We're also looking ahead to one of our favorite events of the year: **Halloween in Mineral!** Mark your calendars for **Saturday, October 25**, and come be part of the fun. Whether you decorate a trunk, help with setup, or just show up in costume to serve candy with a smile, it's a great way to be visible in our community and show folks that Lions are here and active.

Lastly, I want to highlight this month's continuation of our newsletter series, "**Lionism**." This installment focuses on "**One Mission, Many Levels**," exploring how every local project we take on is part of something much bigger. It's easy to think of what we do as "just" a small-town food drive or a campground cleanup—but in reality, we are part of a global force for good. Our club connects to a broader structure of zones, regions, districts, and Lions Clubs International, all working together under one mission: We Serve.

Thank you for continuing to show up, serve with heart, and represent what it means to be a Lion. The more visible we are, the more people will understand who we are—and the more lives we can impact.

In service,  
King Lion Steve Mayer  
President, Mineral Lake Lions Club

## LIONS IN ACTION

*Lion Dolly - Building Community, One Act of Service at a Time*

If you've spent any time in Mineral, you've likely crossed paths with **Helen "Dolly" Christianson**—whether seeing her faithfully walking to the post office with her beloved pup or catching her warm smile at the Lions/Legion community building during the monthly Senior/Community Lunch potluck.

Dolly is a true pillar of the Mineral Lake Lions Club. She and her late husband, Orvin, were dedicated members for decades, serving our community with quiet strength and steady commitment. In the **1990s**—just a few short years after Lions International welcomed women in 1987—Dolly made history as the **first woman to serve as president of the Mineral Lake Lions Club**.

Her care for the **monthly Senior/Community Lunch potluck** has been a gift to Mineral. This simple meal has become more than food—it's a lifeline of fellowship for many in our community, a place to share stories, check in on one another, and ensure no one feels forgotten. Dolly's dedication to keeping this tradition alive reflects the very heart of Lionism: service with love and consistency.

Dolly's example reminds us that leadership isn't about titles—it's about showing up, year after year, to serve. We are proud to celebrate her as part of our Lions in Action series and to honor the quiet but powerful ways she has shaped our club and our town.



### **DON'T FORGET TO REPORT YOUR SERVICE!**

*We are a service organization and every hour you volunteer makes a difference and reporting it helps tell our story. Please make sure your hours are turned in to the club secretary at the next dinner meeting.*



## District 19N Kicks Off the 2025–2026 Lions Year

*Banner Passing & Cabinet Meeting*

Lions from across District 19N gathered at **NW LERC in Olympia** on **August 16** for the year's first Cabinet Meeting, hosted by **District Governor Donna Murr**. The event brought together club leaders and members to launch the new Lions year with energy, collaboration, and community spirit.

The day included leadership updates, strategic discussions, and the traditional Banner Passing Ceremony, officially marking the start of DG Donna's term.

*Pictured during the ceremony are 1st Vice District Governor Cindy Fickett, DG Donna Murr, and 2nd Vice District Governor June Ferreira.*

The **Mineral Lake Lions Club** was proudly represented by Lion Steve Mayer, District Hunger Chair, and Lion Starla Mayer, District Marketing Chair—reflecting the club's commitment to supporting service and communication across District 19N.

With the banner passed and goals set, District 19N is ready for a year of **growth, service, and meaningful impact**.



### MARK YOUR CALENDARS

**TALL TALES COFFEEHOUSE**  
every Tu & Th 9-11am

#### WEAR IT WEDNESDAY

Show your Lion pride every Wednesday by wearing your gear, sparking conversations, and sharing the spirit of service with #MineralLakeLions & #WearItWednesdayWA!

#### SEPTEMBER 2025

**Wed. 9/3 @6pm**  
Board Meeting

**Thurs. 9/4 @12pm**  
Community Lunch & Library

**Wed. 9/10 @6pm**  
Dinner Meeting

**Sat. 9/13 @8am-1pm**  
Multi-Zone Training - Vancouver

**Sat. 9/13 @6:30pm**  
Fireside Melodies on Mineral Lake with Dakota Robbins

**Thurs. 9/18 @6:00pm**  
Zone Meeting - Eatonville

*These events are fantastic chances to log your monthly volunteer hours while truly living out our Lions motto: We Serve!*

*Getting involved not only helps our community but also brings us together as a team. Let's make a difference together!*

HAPPY  
*birthday*

**Happy Birthday to Our September Lion!**

Let's give a big birthday roar to our fellow Lion celebrating this month!

**Lion Laura!**

Wishing you joy, health, and a year full of meaningful service.



### DISTRICT 19-N COMMITTEE CHAIRPERSONS



**CHILDHOOD CANCER**  
Edie Brannon  
La Center Lions Club



**DIABETES AWARENESS**  
Wendy Sandor  
Eatonville Lions Club



**HUNGER**  
Steve Mayer  
Mineral Lake Lions Club



**VISION/HEARING**  
PZC Bill Scholl  
Pierce County Virtual Lions  
Club

### SERVE WITH SIGHT: VOLUNTEER FOR VISION SCREENING



THURSDAY, OCT. 23 • MORTON ELEMENTARY SCHOOL  
9.00 AM-12.00 PM • SIGN UP: INFO@MINERALLAKELIONS.COM



### MD19 Environmental Committee Invitation

The MD19 Lions  
Environmental Team is  
inviting all MD19 Lions to  
their regular Zoom Meetings,  
the first Tuesday each month  
at 2:00 p.m.

<https://us02web.zoom.us/j/83307285506#success>

## WHAT IS LIONISM?

### Rooted in Service: One Mission, Many Levels

*“Every act of service in a small town is part of something much bigger—a global force for good.”*



Welcome to the 3rd installment of our “What Is Lionism?” series—designed to help new and longtime members alike better understand the roots, purpose, and proud tradition of Lions Clubs International.

Lions Clubs International is the world’s largest service organization, but its strength lies in something profoundly local: community. From small towns to major cities, Lions serve where they live. But have you ever wondered how your local club connects to the global movement?

### One Mission, Many Levels

At the heart of Lionism is the **local club**—the backbone of everything we do. Clubs are **autonomous**, meaning they choose projects and initiatives that matter most to their community. Whether you’re organizing a food drive, restoring a park, or delivering holiday meals, your club is making decisions at the ground level.

But we don’t serve alone. Every club is part of a larger structure:

- **Zones** – A group of nearby clubs supporting one another and sharing ideas
- **Regions & Districts** – Regional leaders provide resources, training, and leadership development
- **Multiple Districts** – These cover entire states or provinces and coordinate district-wide efforts
- **Lions Clubs International** – Our global headquarters in Oak Brook, Illinois, connects us all

Each level helps us serve better, grow stronger, and reach farther—**while never losing sight of local needs.**

### When Local and Global Align

Thanks to this structure, our club is part of a global response network. Lions were among the first on the ground after Hurricane Katrina, the earthquake in Haiti, flooding in India, and superstorm Sandy in the Caribbean & Eastern US. We’ve helped provide clean water to thousands of villages, built schools, and launched medical missions. Through LCIF (Lions Clubs International Foundation), we access grants and funding to amplify our local work (like our food bank project!).

### A Pride Like No Other

No matter the size of our club, we are never alone. We’re part of a global pride—a vast network of over 1.4 million Lions united by service, driven by compassion, and bound by a shared mission: **We Serve.**

### What’s Next?

In our next installment, we’ll explore Lions’ famous service programs and legacy traditions.

### Supporting the Shephard/Pugh Family

In July, the Shephard/Pugh family of Glenoma, WA, experienced the devastating loss of their home in a fire. Though Glenoma is about 20 miles from Mineral, we believe all of East Lewis County is part of our extended community.



Brooqe & Lion President Steve



Brooqe, Tyson & Son

At our August Membership Dinner Meeting, the Mineral Lake Lions Club voted to donate **\$500** to help support the family during this difficult time. The check has since been presented to Brooqe, who was deeply surprised and expressed heartfelt gratitude for the gesture.

This act of compassion reflects our shared belief: **when our neighbors are in need, we are here to serve.**



## MULTIPLE DISTRICT 19 LIONS CLUBS INTERNATIONAL Training and Information Schedule September/October 2025

As always, the schedule is published on the MD-19 web site. Its tucked away on the left of the home page: <https://lionsmd19.org/>



### ASK THE PRIDE

Got a question about Lionism, club traditions, service projects, or why we do things the way we do? You're not alone - and that's what *Ask the Pride* is all about! Each month, we'll feature real questions from our members and provide helpful answers from seasoned Lions.

Whether you're a brand-new cub or a long time Lion who's always wondered "why", this is your space to learn, grow, and roar a little louder.

Have a question? Drop it in the box at the next meeting or email it to: [info@minerallakelions.com](mailto:info@minerallakelions.com)



#### New Member Orientation third Monday of every month

Duties and Responsibilities of the Zone Chairman	2 Sep
Duties and Responsibilities of the Leo Club Advisor *	3 Sep
An Introduction to the Lion Portal (with new developments)	8 Sep
MS PowerPoint™: Practical Applications of the Slide Master	12 Sep
New Member Orientation	15 Sep
The Conversation: John Kirry, Gig Harbor Lions Club *	23 Sep
An Introduction to LionsVirtual *	24 Sep
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The Conversation: Anna Corina Villarreal, Oak Harbor Lions Club	6 Oct
Duties and Responsibilities of the District Global Leadership Team	7 Oct
Duties and Responsibilities of the District Global Membership Team	10 Oct
Grants for Clubs, Zones and Districts	17 Oct
New Member Orientation	20 Oct
The Care and Feeding of New Lions	21 Oct
"Constructing" Tables in MS Word™	24 Oct
Duties and Responsibilities of the Club President	27 Oct
Club, Zone & District Excellence Awards from MD-19 and Lions Int'l	28 Oct

\* Denotes special expert guest speaker, see page 2.

RSVP for all training to [AlHedstrom.ws](mailto:AlHedstrom.ws). Each session is free, starts at **7 PM Pacific** and most are about one hour in length. 晚上 7 時開始, 約一小時

This schedule is always posted at [LionsMD19.org](https://LionsMD19.org)

The online Zoom connection requires the following on your computer, tablet or smart phone: A web browser (such as Edge, Firefox, Chrome, Safari, etc.) to download and install the Zoom web-based application, a microphone and speakers or headset. While a camera is optional, we would like to see your smiling face.

**Selected sessions are recorded and posted on YouTube. To view, search YouTube for Al Hedstrom.**



#### More Training Opportunities

Faculty Development Institute, Denver, CO: 24-26 Oct 2025. [Link here.](#)

Free online training available at the Lions Learning Center (in the Lion Portal on the Lions International web page) and even more at [LionsUniversity.org](https://LionsUniversity.org).



## 2025 - 2026

**19N District Governor  
Donna Murr**  
**District 19N8 Zone Chair  
Shannon Hauck**

### Eatonville

1st, 3rd Thursday 7:00PM  
123 Rainier Ave.  
Eatonville, WA

### Mineral Lake

Lions/Legion Bldg.  
2nd Wednesday 6:00PM  
108 Front St E  
Mineral, WA

### Mt. Rainier

MT Rainier Lions Hall  
2nd Tuesday 6:00PM  
27726 SR 706 E  
Ashford, WA

### Orting

Orting Lions Clubhouse  
1st & 3rd Wednesday 7:00PM  
19725 Orville Road E  
Orting, WA

### Puyallup South Hill

The Salvation Army  
1st, 3rd Monday 7:00PM  
4009 9th St SW  
Puyallup, WA

### Spanaway

Spanaway Denny's Restaurant  
2nd & 4th Tuesday 7:00PM  
20420 Mountain Hwy E  
Spanaway, WA 98387

### Spanaway Parkland

American Legion Post #2  
1st & 3rd Tuesday 6:30PM  
11204 Park Ave. S.  
Tacoma, WA

### The Power of Club Visitations

Visiting other clubs helps us stay connected, share ideas, and strengthen Lionism across our district. It's a great way to build friendships and get inspired.

*Pick a club and plan a visit—let's support each other and grow together!*

## CODE OF ETHICS

**TO SHOW** my faith in the worthiness of my vocation by industrious application to the end that I may merit a reputation for quality of service.

**TO SEEK** success and to demand all fair remuneration or profit as my just due, but to accept no profit or success at the price of my own self-respect lost because of unfair advantage taken or because of questionable acts on my part.

**TO REMEMBER** that in building up my business it is not necessary to tear down another's; to be loyal to my clients or customers and true to myself.

**WHENEVER** a doubt arises as to the right or ethics of my position of action towards others, to resolve such doubt against myself.

**TO HOLD** friendship as an end and not a means. To hold that true friendship exists not on account of the service performed by one to another, but that true friendship demands nothing but accepts service in the spirit in which it is given.

**ALWAYS** bear in mind my obligations as a citizen to my nation, my state and my community, and to give them my unswerving loyalty in word, act and deed. To give them freely of my time, labor and means.

**TO AID** others by giving my sympathy to those in distress, my aid to the weak, and my substance to the needy.

**TO BE CAREFUL** with my criticism and liberal with my praise; to build up and not destroy.

*Continued from page 1*

club to step up and serve our community in meaningful ways.

### How could we participate?

- Host a local awareness event, talk, or workshop
- Partner with community mental health organizations
- Share a "check-in" message campaign via social media
- Organize a walk or wellness activity that invites conversation

**We want your ideas!** Please email us at [info@minerallakelions.com](mailto:info@minerallakelions.com) or bring your suggestions to our next meeting.

Let's follow President Singh's lead: use our service to lead with compassion, raise awareness, and grow stronger together.

### Future Global Service Weeks to note:

- Hunger & Food Security: January 3–11, 2026
- Environment & Sustainability: April 18–26, 2026

**Keep the pride strong — your involvement makes the difference!**

### Are You a Lion in Good Standing?

A Lion in good standing is a member who is actively engaged in club activities (service projects, meetings, fundraisers) and is current on their dues.

Good standing allows members to vote, serve in leadership roles, and represent the club — but more importantly, it reflects your commitment to service and fellowship.

*Thank you to all our Lions who help keep our club strong and ready to serve!*



### Tracks Across the District

Lions are always on the move! Explore upcoming events hosted by clubs across District 19N. Whether you're looking to lend a hand, learn something new, or just enjoy some fellowship, there's always something happening along the tracks of service.

Stay connected. Stay involved. Stay inspired. 🐾 🐾



# YOU'RE INVITED!!



## MULTI-ZONE N9/N10/N11 LIONS TRAINING

Sharpen your skills, connect with fellow Lions, and leave ready to serve—register by Mon, Sept 8 to get materials and lunch.

Choose from a variety of training sessions or take the opportunity to network with fellow Lions!

#### Session topics include:

- Club Structure & GAT Team
- President & Vice President
- Secretary
- Treasurer
- Service
- Membership
- Marketing
- LCIF

Date: Saturday, September 13, 2025  
 Time: 8:15 AM - 1:00 PM  
 Location: Cascadia Technical Academy  
 Address: 12200 NE 28th St.  
 Vancouver, WA 98682  
 Training Cost: \$0  
 Lunch: Provided

*Let's learn,  
connect, and gear  
up for a powerful  
year of service!*

Please take a moment to register so we can prepare materials & plan lunch:  
Register by Monday, Sept 8: <https://forms.gle/dtDh29p1FYQCybLS6>

# 19N-8 ZONE MEETING

• Hosted by the Eatonville Lions Club •

Come be part of the conversation, share your ideas, and help shape the future of service in our zone.

**Thurs. Sept. 18, 2025**  
6:30pm

**123 Rainier Ave N**  
Eatonville, WA

Please bring an item for the raffle

**SOCIAL & DINNER: 6:30 - 7:00PM** | **MEETING: 7:00PM** | **\$15 FOR DINNER**

RSVP with Zone Chair: Shannon Hauck  
(253) 441-5182

OPEN TO THE COMMUNITY & CAMPERS!

# HALLOWEEN IN MINERAL

**SATURDAY  
OCTOBER 25**  
5:00-7:00 PM

MINERAL LAKE LIONS DEN CAMPGROUND  
113 E. Front St., Mineral, WA

WANT TO SPONSOR THE EVENT  
OR HOST A TRUNK?  
Call: (360) 492-3152  
Email: [info@MineralLakeLions.com](mailto:info@MineralLakeLions.com)

**TRUNK OR TREAT** Decorated cars & candy  
**HAUNTED HOUSE** Spooky fun for all ages  
**MORE SPOOKY SURPRISES!**

## FIRESIDE MELODIES

ON  
*Mineral Lake*

July 5 • 7-9pm  
 July 19 • 6-8pm  
 August 9 • 7-9pm  
 August 30 • 6:30-8:30pm  
 September 13 • 6:30-8:30

MINERAL LAKE LIONS DEN CAMPGROUND  
Mineral, WA

**Dakota Robbins**  
Sept 13 • 6:30pm

# SHOW YOUR PRIDE WEAR IT WEDNESDAYS

SNAP A PHOTO IN  
YOUR LIONS GEAR  
POST IT TO SOCIAL MEDIA WITH  
#WEARITWEDNESDAYWA &  
#MINERALLAKELIONS